



Refine your silhouette and make your cellulite disappear with Cellu-cup®

Do not use Cellu-cup:

- If you have malignant or benign tumor, cancer.
- If you have varicose veins in the treated area.
- If you are suffering with fever and inflammatory state.
- After taking oral and / or injectable anticoagulant.
- In case of high blood pressure.
- If you experience dermatological diseases, skin lesions, sores, burns.
- If you have blood diseases, circulatory diseases.
- If you experience allergic reactions, eczema including contact eczema.
- If you have a large number of moles (beauty spots) on the treatment area.

If in doubt, seek advice from a medical professional.

Areas for use:

- Massage with Cellu-cup can be done on the following areas: legs and thighs, hips, tummy, buttocks, on the triceps and the neck.
- Cellu-cup must never be applied on the following areas : breast glands, mucous membranes, eyes and genitals.

Special instructions of use for Cellu-cup:

- Do not use on stomach if pregnant.
- Do not use if under 16 years old.
- Do not use on the injection zones if you have insulin dependent diabetes.
- Do not use after UV or sun exposure.
- Keep out of reach of children or animals.
- Use and store Cellu-cup at room temperature. Do not expose Cellu-cup to temperatures under 0°C-32°F and above 45°C-113°F (risks of damaging the silicone).
- Do not burn, nor puncture Cellu-cup.
- Do not freeze, do not expose to heating appliances.
- Do not clean with abrasive cleaners and /or stripping cleaners. Use only soap or shower gel to clean Cellu-cup.
- Do not ingest any part of the product.

Before you start:

A few minutes of preparation:

To succeed in your massage, you should **NEVER USE** your Cellu-cup **ON DRY SKIN**. To enable it to slide and massage you, you must:

- must either apply oil (like massage oil) or cream (using slimming cream) to the area,
- or, if you prefer, have your massage in the shower taking advantage of the soapy water.

Making the perfect skin fold:

To perform the skin-pinch and roll technique, you have to «pinch» the skin that is to say, the skin fold you will have made will then be moved and rolled. To succeed in creating this skin fold:

- strongly squeeze your Cellu-cup to remove the air it contains.
- apply Cellu-cup against your skin, on the curved side edges, without releasing it.
- release the Cellu-cup: the fold of skin appears inside, you have done it!

You can also watch the video on www.cellu-cup.com to complete this stage.

How to perform the massage:

Remember: the skin should never be dry

- Move Cellu-cup (do not leave it on the same spot to avoid the risk of haematoma) over the area to be treated horizontally then vertically.
- On the same area, make movements describing an «S» or little circles.

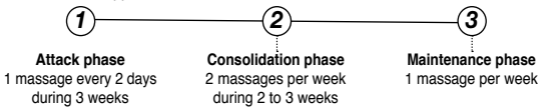
These movements can be completed regardless of the area to be treated (buttocks, abdomen, hips, etc.) for at least 5 mn per area. This is indicative only, you must adapt usage to the treatment area and to the degree of your cellulite. *You can also watch the video on www.cellu-cup.com to complete this stage.*

Warning: Massage can be painful. In this case, reduce the skin fold (suction area) by pinching Cellu-cup less and reduce the time massage. When the massage becomes less painful (after 4-5 sessions), you can pinch a larger fold of skin and gradually increase the massage time.

Cellu-cup «Colorchange»: *This model changes color when the desired area has been sufficiently massaged (from Raspberry pink, it changes to Light pink). This color change happens essentially on the periphery of Cellu-cup (direct contact with massage) and where you maintain it with your fingers. Indicative color change can vary depending on ambient temperature, humidity and natural body heat.*

Protocol:

The initial results appear after 3-4 weeks.



Side effects:

- **Ordinary effects:** redness of the skin - itching sensation, due to the increased vascularity of the treated area. These effects disappear within minutes after the end of the massage.
- **Frequent effects:** occurrence of small haematomas. If they are not painful, you can continue with the treatment as usual. Otherwise, allow more time between sessions so your skin gets used to it.
- **Rare effects:** cutaneous eruptions - redness persists.

We remind you that the loss of your cellulite involves using Cellu-Cup massage combined with a regular balanced diet and adapted exercise.

Cellu-cup disclaims any liability for non-compliance with these instructions of use.

Cellu-cup also declines any liability in the incurrance of varicosities.

Under normal use and cleaning, the lifespan of Cellu-cup is in average of 18 months. You should renew your Cellu-cup when silicone is becoming hard and/or its original color has changed.